

January 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 <i>Happy New Year</i>	2 <i>Chicken Fried Chicken Mashed Potatoes & Veggies</i>	3 <i>Pan Fried Pork Chops Mashed Potatoes & Veggies</i>	4	5
6	7 <i>Meatloaf Mac n Cheese & Veggies</i>	8 <i>Lasagna</i>	9 <i>Goulash</i>	10 <i>Beef Enchiladas w/ Rice & Beans</i>	11	12
13	14 <i>Salisbury Steak Mashed Potatoes & Veggies</i>	15 <i>Chicken or Shrimp Alfredo</i>	16 <i>Apple Chicken Salad</i>	17 <i>Grilled Pork Chops Scalloped Potatoes & Veggies</i>	18	19
20	21 <i>Open Faced Burger Mashed Potatoes & Veggies</i>	22 <i>Spaghetti w/ Meat Sauce</i>	23 <i>Sheperds Pie</i>	24 <i>2 Soft Beef tacos w/ rice & beans</i>	25	26
27	28 <i>Pot Roast w/ Veggies</i>	29 <i>Cajun Chicken Pasta</i>	30 <i>Chicken Pot Pie</i>	31 <i>Swedish Meatballs over Egg Noodles</i>		